



Welcome New Board Members

The JP4 Foundation is pleased to announce the addition of four new members to our board of directors. Together, these four new board members bring almost 60 years of business knowledge and experience to our organization. We're excited about their skills and expertise and are honored to have them on the team.

Austin Cumblad, *Riverbridge*

David Gurewitz, *Cargill*

Fran Villamil, *General Mills*

Mick Sawinski, *Atomic Data*

Watch for board bio highlights in upcoming newsletters. In the meantime, you are welcome to visit the full list of board members at JP4Foundation.org/MeetTheTeam



Diamond Club Update

Our winter/spring session of Diamond Club at [Achieve Language Academy](#) and [Urban Academy](#) both of Saint Paul is underway. Thanks to the generosity of our holiday event supporters, we were able to introduce Diamond Club to 20 additional students for the remainder of the school year. As a result, we are now providing 60 students with healthy food, healthy activity, and healthy relationships.

Recently we asked our students, “what do you like best about Diamond Club?” While we expected answers like, “the food” or “the games”, the overwhelming response was “the mentors”. Relationships matter. Even to kids. As we look forward to the next school year, we are hoping to expand our footprint in both schools to ensure current students do not age out of the program and lose their access to the healthy relationships we provide.

All JP4 supporters are welcome to visit a Diamond Club or summer-camp session. Reach out to our executive director, Jeff Huth to schedule a visit.



Why We Do What We Do

Childhood can be rough. Rare is the person who doesn't encounter some level of childhood difficulty, such as, experiencing bullying, being a child of divorce or parental separation, or growing up in a household with substance abuse or alcoholism. These and other negative conditions are known as

Adverse Childhood Experiences (ACEs). Research shows there is a significant relationship between the number of ACEs a person experienced and a variety of negative outcomes in adulthood including anxiety, depression, overeating, and substance abuse.

We're not out to eliminate ACEs. We're here to provide Positive Childhood Experiences (PCEs). As a kid, having a positive relationship with an adult who takes a genuine interest in you can be a powerful weapon to combat the negative impacts of a rough childhood. This is why we provide one young adult mentor for every two children in our programs.

Positive experiences in childhood are foundational to optimal childhood development and adult flourishing. That's why we do what we do.

Watch for more information in upcoming newsletters as we highlight PCEs in action with JP4.



Internships - Current and Upcoming

The JP4 Foundation is welcoming six interns from the University of St. Thomas to join our team for the Spring Semester. These interns will be tasked with designing and implementing a fundraising event. The JP4 Foundation strives to give interns real-life experience in business, marketing, sales, and finance. Be on the lookout for intern profiles in the upcoming months.

At this time the JP4 Foundation is currently seeking interns for the summer months. Interns can expect to receive 10-20 hours of community-oriented tasks to help drive JP4's mission of ensuring kids in our underserved urban communities have access to healthy meals, healthy relationships, and healthy activity.

If you are interested in interning for the JP4 Foundation, please send your resumes to Jeff.Huth@JP4Foundation.org



Two out of 12 cups purchased. Will you be next?

In 2023, our executive director, [Jeff Huth](#), is setting out to buy twelve cups of coffee. Coffee with no ask, no check, no fundraising, just time to connect and be curious. Please reach out if you want one of these cups of coffee; I'd love to connect with you.

